

Home Modification or Assisted Living Facility?

According to a survey by the AARP, nearly 90% of seniors want to “age-in-place”—stay in the home where they currently live. And why not? Besides the memories, it is a mark of your independence.

However, houses age with us. What was once acceptable can become annoying or even risky, as we get older. No matter how vital we are, we can not always do the things or live the way we used to.

If you are planning to stay in your home for another five or ten or more years, there are a number of things that can be done to make living independently and aging in place easier, more comfortable and safe.

We make today's home ready for your tomorrows.

Access Ability Now, Inc. was founded to provide a range of support services that help seniors and individuals living with disabilities remain independent. Our focus is on detailed home assessments and plans for aging-in-place, home modification and remodeling services.

Whether you just need a plan for what to do and a few simple repairs and upgrades, or you've decided on a major remodel to fit your new lifestyle, Access Ability Now can help you. Please review our services on this site, and call today at **704-443-4388**.

Aging-in-place makes sense.

Staying in your own home has many benefits. The cornerstone of an effective plan to age-in-place is to start early so that you can have the home modified to fit your desires and to prepare for possible future circumstances. By starting early, the changes are easy to handle, increase your comfort for more years, and reflect the way you want to live.

Assisted Living Facilities are certainly the right decision for many people. But if you are not one of them, you can retain more control over your financial resources by living at home. Basic home updates start at less than \$1000. And if you decide a more comprehensive remodel is desired or needed, typically it will add to the value of your home within a few years.

Conversely, an Assisted Living Facility costs on average, \$3,000 per month. Nursing Home costs exceed \$5,800 per month (over \$70,000 per year) on average. Doesn't it make sense to defray those costs by living in your own home for as long as possible?

Home Modification or Assisted Living Facility? Continued...

It's never too early to envision your retirement environment.

The sooner you actively plan for how you want your retirement environment to be like, the more effectively you will be able to make it happen--whether you just want to downsize into a little one-level, or you want to build a Universal Design, accessible, and self-sufficient retreat.

Our experienced team can help you look at the options and develop some strategies. We are happy to meet and with you and provide our perspective. With our practical expertise and training we can provide an *objective* assessment that includes:

- Ideas for simple, basic solutions to common problems.
- Estimates of the cost of more significant remodels, based on standard contractor rates and estimation tools.
- A recommendation to guide your thinking.

Don't wait until it is too late.

The best time to make this plan is while you are still healthy and vital. There are many good reasons to plan early:

Plan early so that that the plan reflects your desires.
Plan early so you can be sure your spouse will be comfortable.
Plan early so your children recognize you will be safe.

And by acting as early as possible, you can ensure that you have time to:

Recoup your investment in home remodeling.
Get comfortable with any changes or new systems.
Eliminate risks before an accident happens.

Too many seniors deny the inevitable and wait until their health is failing to take steps - yet research suggests that home modifications are actually of the greatest advantage to active, vital seniors.

Let **Access Ability Now, Inc.** help you now with your home modification decisions while you still have time.